



ASA

Spiritual Voice

Australian Spiritual
Alliance

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Hi Everyone

May I start by saying all of us at the ASA wish each and everyone a happy, healthy and safe new year. May 2021 be a positive turning point for us all. I am so happy to be able to introduce you too a couple of new contributors to our Spiritual Voice. I do hope you find their articles informative and interesting. Also a couple of new edition headings. I am always looking for good feedback so let me know your thoughts please.



- Friend of the ASA

Our spiritual journey takes us nowhere!

Part 3 (of 4 part series)

The previous instalment (Part 2) introduced the principle that the Source had created human life as the physical form that enables the experience of limitation — limited awareness, limited capabilities and limited power. That is, limited in comparison to our truly un-limited nature.

As human life, we are each a stream of energy — of the consciousness of All-That-Is — gathering experience in physicality so that All-That-Is can experience a limited version of itself instead of omnipotence and limitless wisdom and Love. To do so, the Source built dimensional realms that we could step down through to be able to experience limitation convincingly, authentically. Think of these layers of consciousness like the floors in a multi-storey building so beings could exist and experience in different ways on the different floors, or dimensions.

So that each dimension could maintain its own uniquely limited view of existence, a buffer was created at its highest threshold. In our third dimensional realm, this buffer is known as the 'veil', or psychic barrier. It has enabled us to stay limited for as long as we wished, shielded from the infinite knowing of our higher dimensional selves. After all, you can't be ignorant and infinitely knowing all at once, nor feel powerless while know you're infinitely powerful at the same time. The veil was never impenetrable, but it required that a soul remember their journey before it would yield the higher consciousness and and Love and fulfilment that lay beyond.

That we are each an individualised part of The Source gathering experience in this physical, third dimension gives rise to a couple more extremely significant and empowering realisations. First, we are each already Love and infinitely powerful and wise in essence, no matter how much we deny or misinterpret it. Second, we are each already serving a higher purpose just by being who we are in our unique form and living our unique experiences.

And therein lies our greatest gift; a life-changing and unique gift for each of us. The greatest gift of all - Your higher purpose, which is to rediscover your infinite power to create and learn to use that gift self-lovingly.

So your higher purpose, your unique gift, is nothing vague or mysterious — you are serving your Source in everything you are choosing to do, everything you feel and everything you think. You are creating in your own unique ways your own experiences in this realm, with the purpose of reclaiming your Mastery of life, thereby overcoming the fear and victimhood that plague humankind. And as you take the journey from victim to Master, from helplessness to power, from ignorance to wisdom, from fear to Love, each and every increment, each little experience of reclaiming that Mastery, will bring upliftment — euphoria as never felt before. The moment you

experience your Mastery overtake your fear and victimhood is the moment of enlightenment. The Gift.

Furthermore, whenever you try to be anything other than your unique authentic self, the further you take yourself away from that higher purpose and that gift and the ultimate fulfilment that is your birthright.

You'll discover your life purpose by being true to yourself, never by trying to be someone you're not. Such self-realizations are what will turn our entire human consciousness around in one fell swoop.

A victim turning into a Master begins with such fundamental changes of mind and embracing the courage to act on inner senses. And when you align with your Mastery in such ways, you will thrive. And others will notice. And they will see that potential in themselves. And in doing so, you will be teaching others the most vital truths and lessons of all... simply by being yourself in life.

In the next issue, Part 4 will explain the principles and steps that lead us all to vast personal power, wisdom and Love — an eternal 'nowhere'.

By Paul Walsh NZ – ASA Member
From his book *From Atoms to Angels* email:
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Finding Me

In 2012, my relationship ended in violence. My son was old enough to look after himself and I was unhappy in my employment machine operating on mine sites. I had, like many people, given myself to all the roles I played and lost myself. These circumstances raised the question "Who am I now?"

The last eight years have been filled with my obsession of rediscovering myself. I have seen many gifted people from differing modalities and along the way received varying certifications myself. My fascination with the question of who we are is my passion and I have embraced many ways of uncovering the answer. A life filled with trauma slowly began to make way for the soulpreneur underneath.

Fast forward to today, and I am a certified Thetahealer, Hypnotherapist and Life Coach. I teach Regeneration Healing, facilitate meditations, and run basic Spiragenics workshops. My most recent addition to my business is energy body readings.

Thetahealing and hypnotherapy have taught me the power of the subconscious. The negative patterns that show up in our lives due to 'programmed' behaviours and beliefs impact on our lives immensely. We can even carry beliefs from past lives and down through genetic lines. More often than not, people are completely unaware of what is influencing them so deeply. We are in conscious thought only 5% of the time. The other 95% is the subconscious ruling our thoughts and decision-making. Clients have had limiting beliefs such as 'I am not alive' which certainly isn't anything you would consciously think.

Regeneration Healing is, to put it simply, instructions to the soul to go back in time to before the cause of the trigger to our current situation. By making a different decision in that place and time changes our outcome today.

After a lot of thought and consideration, I found a way to combine all three techniques into one powerful healing session. I call it One Eighty Healing because it potentially gives you the

power to turn your life around. In a One Eighty Healing session we have a conversation to uncover the negative patterns and eventually the subconscious belief behind it all. I use muscle testing to confirm that it is indeed the subconscious belief we need to work on.

Everything mentioned in the discussion is included in the healing. My clients are 'shown' the Universe's perspective on the events that occurred so they understand why they went through it. Any negative emotions are replaced with positive feelings. The negative subconscious belief is released and replaced with a positive. Soul fragments that we may have exchanged with people can be returned to their rightful place. Trauma, rejection, regret and resentment are all able to be released. And this is just using the thetahealing part of the session.

The next step is to co-create two positive suggestions to implant into the subconscious for moving forward and then a Regeneration Healing process is selected intuitively to provide the extra boost. 90% of the session is discussion and then my client relaxes as I perform the energy healing. This can be done at a distance and I have had successes with people across Australia, in New Zealand, Indonesia and America.

Another passion of mine is our energy body. This all began when I had a crush injury on my fingers and went to a spiritual shop to get a healing meditation CD. The store-owner, concerned for my wellbeing, stated that it was my left hand which is my spiritual side and suggested I have a reading instead.

Ever since that day I have looked into what my body is trying to tell me when I hurt myself or become unwell.

When we look at our energy body, we can't go passed the chakra system. I love working with chakras and use essential oils, crystals, affirmations, music and food to balance them myself. Most people are aware of the existence of these energy centres but don't really understand how critical they are to our wellbeing.

Up until now I have been working with clients using the chakras, without really calling them that, through suggestions on actions to take

and an online course of mine. Recently I was gifted biofield imaging software which has turned my world (business) upside down. I am so excited that I can now show people their aura, energy body and chakras.



Using this software, I now offer what I call Energy Body Alignments. This service provides my clients with images of their biofields, a report on what the body is telling them before they get sick or hurt, and actions to take moving forward. I have created an aromatherapy chakra spray line to support the chakras that are out of balance and my clients also take home one suitable to their requirements. Should there be a block preventing my client's progress, I offer a One Eighty Healing session to support them.

My favourite business offering is weekend retreats. Forty-eight hours of connecting to self through meditation, sound, colour, nature, art and movement. I call these gatherings Becoming Whole and host them every six months – March and September. The impact of dedicating this time without interruption is incredibly beautiful to be a part of and witness. I keep numbers low so that the attendees get more personal support and lots of attention.



I haven't really mentioned my Life Coaching and that is because it isn't something I do specifically although it influences everything I provide. As a Life Coach, I provide tools for my clients to help themselves through life's circumstances and that is within all that I offer.

Finally, I have online courses available. These offerings range from education on meditation, chakras and Spiragenics (body movement technique) lessons to self-coaching activities and education. Feel free to visit my **website** flourishwithdeanne.com.au. - *ASA Member*



PSYCHOMETRY

By Rhonda Kelly

Psychometry is a tool used for reading the energy of an item since all objects hold energy. This can be done for any item, even an item of clothing, a picture or a person's signature. The usual items are a piece of jewellery or a person's keys, as metal conducts energy well.

Psychometry uses clairsentience (clear feeling) when you tune into the energy of an item that you are holding. You may either pick up on the energy of the item or the energy that is connected to the owner or to previous owners of the item. Psychometry may also be referred to as clairsentience, which means clear touching.

If you are clairsentient, you are sensitive to other's energy. You may know when someone is upset, without them telling you. This happened to me in the workplace. It was just before lunch and I was just finishing with a client and suddenly felt upset. There was no reason for me feeling teary. I walked around the office and could not see that anyone was upset. I noticed that someone had arrived to work late and was getting ready for work. I felt it was her energy I was picking up on. I asked if she was ok. She said yes. I asked her again and she burst into tears. She started work late because she had been to the vet to get her dog put down. I have many other examples like this, confirming that I am clairsentient.

You may experience clairsentience in other ways. You may feel overwhelmed or drained around others. You may have a change of feelings when you are in crowds or when someone is thinking about you. Your feelings may not match the situation you are in. Also consider whether you can easily see things from others perspective.

Joseph Buchanan was an American physician and physiologist. He defined psychometry in the 1840s as token object reading, a form of extrasensory perception. Associations are made with an object of unknown history by making physical contact with that object. Supporters of Buchanan agreed that an object may have an

energy field that transfers knowledge regarding that object's history. Sceptics believed that there was no scientific basis to psychometry.

You may practice psychometry by exchanging an item with a friend and tuning into the energy of these items. Clear your mind first and then pick up the item and start tuning into the energy. Write down what you pick up and exchange and discuss with each other. You may pick up something as soon as you touch the item, or it may come to you after tuning in. Either is fine. Be open to receiving any messages and how you receive them. When tuning in you may feel hot or cold, you may see or hear colours, numbers, or a location. You may have skin irritation or feel the object move in your hand. In summary, you may sense, see, smell, know, hear, feel, or taste something.

My first attempt at psychometry was a psychic development workshop with Harry T. We worked in pairs and swapped an object. I tuned in before I looked at it. I felt that the object was cold, round, and small. It had a hole in the middle, like it was made for a necklace, but I also knew that the woman I was reading for did not wear it. My guides confirmed this by showing me that it goes into a pouch and she keeps it under her pillow. I felt a male energy and smelt cigarette smoke with this. I could tell that she was given this by a man who smoked heavily. I was amazed at how much information I received and was confirmed. My spirit guides told me that psychometry was a natural strength of mine.

I occasionally feel pain when holding an item, such as a wedding ring for a dysfunctional marriage. Prior to discovering psychometry, I noticed a rash on my wedding finger when I decided to end a relationship with my ex-fiancé. It literally happened the day I made the decision. The rash disappeared whenever I took the engagement ring off and reappeared when I put it back on.

Last year I felt overwhelmed tuning into a necklace pendant for a client in Malaysia. I picked up the pendant with my left hand. I felt sick and dizzy and felt burning pain in my left arm up to my shoulder. This happened as soon

as I touched it and stopped as soon as I put it down. When I told the client of my discomfort, he offered to show me what was inside. The pendant contained small red circles, which contained Centipede poison. In tuning into this pendant, I felt the effects of that poison, thankfully briefly.

When an item has been passed to someone and the owner is not happy in spirit, objects jump or move in my hand when I am tuning in. Psychometry may be used as a tool for psychic or mediumship readings. Try your hand at psychometry and mediumship by tuning into an object from a passed love one. You may fine tune by asking whether the giver was male or female, what their relationship was to the person and asking if there was any special significance of the item.

Like anything in life, you will get better at psychometry with practice. Be open minded. Practice on friends or family. You could even practice with pets by holding their collar. Your perspective may change as you develop your psychic abilities, so be open to the signs. You may notice more synchronicity or coincidences. Practice and be patient with yourself. Have fun along the way.

Rhonda Kelly – Member ASA

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I never go far without my Young Living Lavender essential oil I use it all the time to soothe and calm in so many ways. Want to know more take a look at my website <http://Mandy.OilsDiscovery.me> or contact me direct. info@mandycoles.com

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COMING EVENTS Jan 2021



Mandy will be joined by some of her Spiritual friends and would like to invite you to our

Spiritual, Psychic and Mediumship
'Reading Room'

All bookings must be pre arranged and payment secures your booking with one of our very well known readers.

Dates available are: 21st 22nd 23rd January 2021

Choice of Readers are:
Donna Myrce, Trish Conway, Gail Dallas,
Judi Clark & Mandy Coles.

Dates available are: 28th 29th & 30th January 2021

Choice of Readers are:
Jenni Robertson, Trish Conway, Donna Myrce,
Judi Clark & Mandy Coles.

Readings start at: \$50 for 30mins

To book your appointment call Mandy on 0402348597

Venue: Bio Style Hotel Car Park & Elsworth Street Tamworth 'In the Elsworth Room'

For more information give me a call or drop me a note.
Ph: 0402348597
Email: info@mandycoles.com

SPIRITUAL/IST SERVICES Jan-March

Tamworth Spiritualist Church Inc.

Services last Sunday of the month unless otherwise notified at 2pm. Speakers, Clairvoyants & healing in all services, at Mara Mara Community Inc. Corner of Kathleen & Degance Sts. Tamworth.

As we come into this New Year 2021 with the continuing issues of uncertainty each day. Let us all send Love, Light, healing and support to those in need



May 2021 bring you all a much more stable and productive year.

